



2010 Men's Cross Country Media Guide

Augustana
Vikings

Augustana College | Rock Island, Illinois

Founded 1860

Enrollment 2,500

President Steven Bahls

Chairman of Athletic Board Dr. Craig VanSandt,
Professor of Business Administration

Athletic Director Mike Zapolski

Head Coach Paul Olsen

Coach Olsen's Office Phone (309) 794-7257

Home Course Credit Island (Davenport, IA)

Sports Information Director Dave Wrath

S.I.D. Office Phone (309) 794-7265

S.I.D. Cell Phone (309) 737-5306

S.I.D. FAX Number (309) 794-7525

Head Athletic Trainer Rochel Rittgers

Assistant Athletic Trainers Denise Yoder & Anna Smith

Training Room Phone (309) 794-7518

Conference College Conference of Illinois & Wisconsin

CCIW Teams Augustana; Carthage; Elmhurst; Illinois Wesleyan; Millikin;
North Central; North Park; Wheaton

National Affiliation NCAA Division III

Team Name Vikings

Colors Blue & Gold

Athletic Department Phone (309) 794-7521

Admissions Department (309) 794-7341

Toll Free Number 1-800-798-8100

Website www.augustana.edu

About Augustana College

Known for its balance of liberal arts with focus in a major field, collaborative research opportunities, competitive athletic teams and award-winning student activities programs, Augustana College is a selective independent college of the liberal arts and sciences related to the Evangelical Lutheran Church in America. The college enrolls approximately 2,500 men and women of diverse ethnic, religious and social backgrounds, from across the United States and around the world.

Augustana's athletic teams have won more championships than any other school in the College Conference of Illinois & Wisconsin. The Vikings own a total of 174 total team championships (136 men and 38 women) since the league began in 1946-47. Augustana is currently sixth in the nation in number of CoSIDA (College Sports Information Directors of America) Academic All-Americans produced in all sports with 134 as of June, 2010. During the 1990's the Vikings finished third, trailing only Nebraska and M.I.T.

Home to a Phi Beta Kappa academic honor society chapter since 1949, Augustana grants baccalaureate degrees in more than 60 areas of study. Along with a competitive athletic environment, student-athletes can join one or several of the school's 150 student organizations or take advantage of Augustana's wide variety of opportunities for international study. Augustana has a student-faculty ratio of 11:1, and nearly 90 percent of the faculty hold the Ph.D. or the terminal degree in their field.



The following mission statement guides Augustana's liberal arts curriculum and student programs.

Augustana College, rooted in the liberal arts and sciences and a Lutheran expression of the Christian faith, is committed to offering a challenging education that develops qualities of mind, spirit and body necessary for a rewarding life of leadership and service in a diverse and changing world.

These goals and ideals also are reflected in the mission statement of the athletic department:

The Department of Athletics offers all Augustana College students an opportunity toward the development of the total person. Working in a cooperative and active learning environment and dedicated to imparting a lifelong awareness of health and wellness our department assists students in the acquisition of dynamic skills knowledge and fitness.

We value dignity, respect, diversity, accountability, communication and teamwork: and challenge each participant to achieve a sense of self confidence, pride, team unity, success, and cohesiveness through competitive sport. Our programs support the mission of Augustana College by cultivating the individual in all facets of life within and without the competitive arena.

Where to find Augustana Sport News

Information on the Augustana College athletic department is easy to find. Augustana Sports Information Director Dave Wrath maintains the schedules and press releases on the college's athletic department web page. It can be accessed at www.augustana.edu. Also, you may e-mail Dave Wrath at pewrath@augustana.edu. The office phone number for sports information is (309) 794-7265.

The 2010 Augustana men's cross country media guide is presented as a service to all news media and friends of Augustana. The media guides are written and edited by Augustana Sports Information Director Dave Wrath. Photos in the media guide were taken by either Steve Woltmann, Brandon Gittelman, or Robbin Cooley. Additional stories and pictures will be furnished upon request.

Once again, deep and talented Vikings will be making run at nation's elite

The song remains the same for the Augustana men's cross country program. Head coach Paul Olsen is entering his 45th season as the Vikings' head coach and once again he is optimistic about his team's chances this year. That is standard operating procedure for Olsen as his teams always seem to be mentioned among the elites in NCAA Division III. Nothing appears to be changed this year and the early rankings seem to support that optimism.

A year ago the Vikings were ranked in the top 10 nationally for most of the season before finishing seventh in the talent-laden Midwest Regional. Throughout the course of the year, Augustana won the Western Illinois Invitational and the Wartburg Invitational, placed second in the Brissman/Lundeen Invitational and the CCIW championships and took third in the Illinois Intercollegiate Championship and the UW-Oshkosh Invitational.

Although top seven runners Dan Bailey, Brian Hart and Chris Zook graduated, Olsen does not hesitate in extolling the virtue of this team's talent and ability.

"We are going to be good," said Olsen. "We have had more kids report in better shape than ever before. We have the ability to be the best Augustana team in the last 10 years."

That would be saying something because both the 2007 and 2008 editions of the Vikings qualified for the NCAA Di-



Jonathan Smith (left) and Matt Bowman (right) return from the 2009 version of the Vikings to help lead this year's team. Smith was CCIW Freshman of the Year in 2009, and Bowman is a team captain for the 2010 season.

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vision III national meet, placing 15th and 21st in the nation respectively. However, a wealth of talented runners gives credence to Olsen's praise.

Heading the list is a quartet of seniors who will handle the mantle of leadership. Matt Bowman (**Geneva HS, Geneva, Ill.**), Sean Carmody (**Winnebago HS, Winnebago, Ill.**), Brad Keating (**Cary Grove HS, Cary, Ill.**) and Ryan Miller (**Crystal Lake Central HS, Crystal Lake, Ill.**) are all coming off great summers. Bowman, Carmody and Keating were all in the top seven most of last year and Miller was a top seven runner as a sophomore before suffering through injuries as a junior. Bowman was 13th in the CCIW a year ago and was a national meet qualifier in the 10,000 during last spring's track season. Keating was 17th in the conference cross country meet in 2009.

Those four seniors will get company at the top from a talented junior class. Mike Tisza (**Hersey HS, Prospect Heights, Ill.**), was 37th in the Midwest Regional while Billy Wisser (**Hersey HS, Mt. Prospect, Ill.**) was an NCAA Division III national meet qualifier in track in the 3000 steeplechase. Billy TenBusch (**Prairie Ridge HS, Cary, Ill.**) has been a solid top seven performer throughout his career and was 16th in the CCIW meet last cross country season. Thomas Christian (**Port Angeles HS, Port Angeles, Wash.**) has improved as much as anybody on the team and Brandon Gittelman (**Naperville Central HS, Naperville, Ill.**) is on the verge of making a legitimate run at the top seven.

In the sophomore class Jonathan Smith (**Moline HS, Moline, Ill.**) was 11th in the CCIW last year and was one of just two freshmen in the Midwest Regional to make the all-region team. Brian Pollastrini (**York HS, Elmhurst, Ill.**) is coming off a great track season. Tommie Harris (**Davenport Assumption HS, Davenport, Iowa**), Dennis O'Flaherty (**Carl Sandburg HS, Orland Park, Ill.**) and Nathan and Justin Smith (**Fenton HS, Bensenville, Ill.**) are also in the mix.

A balanced freshman class will be making the adjustment to collegiate cross country as the season develops but Kyle Meyer (**Carl Sandburg HS, Orland Park, Ill.**), Andrew Allabastro (**Lyons Township HS, LaGrange, Ill.**) and Issac Trostle (**Willowbrook HS, Lombard, Ill.**) should be able to challenge for top seven positions.

"When you look at it, we have four guys in Bowman, Wisser, Tisza and Jon Smith who can compete at a very high level," said Olsen, who has had a total of 24 teams qualify for the NCAA national meet during his career. "We know we have leadership up front but those spots in the five through 10 range will be the key to our success this year. We certainly have lots of depth and that is always a plus."

The Vikings also have the advantage of hosting three of the biggest meets of the campaign. Because flooding on the Mississippi River wiped out Augustana's usual home course at Credit Island in Davenport, Iowa, a switch in venue was necessary. Saukie Golf Course in Rock Island will now be the home of the Brissman/Lundeen Invitational on September 24, the CCIW meet on October 30 and the NCAA Midwest Regional on November 13.



HEAD COACH PAUL OLSEN

The name Paul Olsen has become synonymous with Augustana cross country and track & field and with good reason. The energetic and enthusiastic mentor has been producing winning teams and individuals since the mid 1960's and he shows no signs of slowing down. He took over the head cross country coaching position in 1966 and he assumed the reigns of the track & field program in 1969. He completed his 44th year as the head cross country coach and his 42nd season as the head coach in track & field heading into the 2010-11 school year.

Through it all, success has been his constant companion, no matter whether the sport is cross country or track & field. In those 44 cross country seasons he has led the Vikings into the NCAA national meet a total of 24 times, including appearances in the last two of the last three years (15th in 2007 and 21st in 2008). Ten times during his illustrious career his teams have been in the top 10 in the nation and his 1980 unit placed second, just four points shy of a national title.

Augustana has won two College Conference of Illinois & Wisconsin cross country titles in the school's history and both have come under Olsen. The Vikings have placed second 27 times under his tutelage including 17 times in the last 22 years. Only twice during the last 44 years have his teams finished as low as fourth in the conference. Five individual Augustana runners have won a total of seven league titles and in national competition the Vikings have garnered 22 All-America certificates and three individual national titles.

He has served as meet director of the NCAA Division III national meet five times and his team has hosted the Midwest Regional 20 times since 1979. In 1996 and 2001 the Vikings hosted both the NCAA Midwest Regional and the NCAA Division III national meet.

His track & field resume is just as impressive as he has led Augustana to 12 CCIW titles and 35 runner-up finishes, 28 in the outdoor meet and seven during the indoor championships. In the spring of 2010 the Vikings won the CCIW title for the second time in three years and finished the year ranked third in the NCAA Division III "Power Rankings". In addition, Olsen was named the NCAA Division III Midwest Region's "Coach of the Year" by the United States Track & Field and Cross Country Coaches Association.

A total of 199 individuals and 23 relay teams have won league titles during Olsen's tenure in outdoor track and 23 individuals and six relay teams have claimed indoor championships, giving him an all-time total of 222 individual CCIW champs and 29 relay winners.

He has also coached a total of 155 NCAA Division III All-America selections in both indoor and outdoor track and 22 times Viking athletes have won individual national championships. The Blue and Gold has placed in the top 10 in the national meet 16 times including second place finishes in 1975 and 1981. In 2007 his team was eighth in the outdoor national championships.

He was inducted into the Illinois Track & Field Coaches Association "Hall of Fame" in January of 2004 and went into the Augustana "Tribe of Vikings Hall of Fame" in October of 2005.

A native of Onamia, Minnesota, Olsen came to Augustana after a teaching and coaching stint at Lincoln High School in Manitowoc, Wisconsin. During his first couple of years at Augustana he served as an assistant in both football and basketball before assuming full time duties in track and cross country.

Olsen is a man of many talents and interests. As a professor in the English Department at Augustana, Olsen ranks as one of the most popular teachers in the entire school with his classes in Black Literature and the Sacred and Profane consistently filled to capacity. In 1989 Olsen was one of just 120 teachers nationwide who were honored at the American Association for Higher Education convention in Chicago. He was the only Augustana faculty member named to the elite group. He has been selected by the seniors at Augustana to give the final lecture 10 times during his career. At one time he used to perform a one-person play entitled "Pilgrimage with Poets" that was highly acclaimed.

Olsen is a graduate of Luther College in Decorah, Iowa, where he was captain of the track team and a starter for the football team as a defensive back. He holds an M.A. and Ph.D. in English Literature from the University of Oregon. He resides in Bettendorf, Iowa with his wife Jeanne. The couple have a pair of sons - David, who is a former United States Navy S.E.A.L. and Eric, who is an actor and a student at Pepperdine University. Eric has appeared in several movies, including "Pearl Harbor", "Not Another Teen Movie" and "Arthur's Quest", and television shows, such as "ER", "Smallville" and "Get Real".



THE PAUL OLSEN RECORD AT AUGUSTANA

YEAR	CROSS COUNTRY			TRACK & FIELD		
	DUAL MEETS	CCIW	NCAA	DUAL MEETS	CCIW (IN/OUT)	NCAA
1966-67	7-5	3rd				
1967-68	6-1	2nd	17th			
1968-69	4-4	4th	-----	2-5	1st	35th
1969-70	4-2	1st	19th	4-2	1st	-----
1970-71	6-1	1st	12th	4-1	2nd	-----
1971-72	2-1	3rd	9th	4-0	1st	-----
1972-73	3-3	3rd	10th	6-1	1st	40th
1973-74	4-1-1	3rd	6th	4-0	1st	6th
1974-75	2-3	2nd	5th	1-1	2nd	2nd
1975-76	2-4	3rd	17th	2-2	2nd	25th
1976-77	3-3	2nd	14th	3-1	2nd	16th
1977-78	4-2	2nd	22nd	4-0	2nd	19th
1978-79	2-4	2nd	-----	5-0	2nd	34th
1979-80	0-4	2nd	4th	5-0	1st	4th
1980-81	0-1-1	2nd	2nd	4-1	1st	2nd
1981-82	0-4	2nd	17th	1-0	1st	10th
1982-83	1-1	2nd	-----	1-0	1st	20th
1983-84	1-0	2nd	-----	1-0	1st	10th
1984-85	1-1	3rd	9th	0-1	2nd	-----
1985-86	1-1	4th	-----	2-1	2nd	42nd
1986-87	3-0	2nd	8th	0-1	2nd	41st
1987-88	1-1	3rd	-----	1-0	2nd	61st
1988-89	2-4	2nd	19th	0-0	2nd	52nd
1989-90	0-2	2nd	11th	0-0	2nd	22nd
1990-91	0-1	2nd	11th	0-0	2nd	32nd
1991-92	4-2	2nd	11th	0-0	2nd	7th
1992-93	3-0	2nd	5th	0-0	2nd	9th
1993-94	1-0	2nd	9th	0-0	2nd	8th
1994-95	0-0	2nd	-----	0-0	2nd	6th/5th
1995-96	1-0	2nd	-----	2-0	2nd	10th/4th
1996-97	0-0	2nd	10th	0-0	2nd	10th/-----
1997-98	0-0	2nd	-----	0-1	2nd	6th/22nd
1998-99	0-0	3rd	-----	0-1	2nd	-----/56th
1999-00	0-0	3rd	-----	0-1	2nd	27th/56th
2000-01	0-0	3rd	-----	0-1	2nd/3rd	30th/62nd
2001-02	1-0	3rd	-----	0-1	3rd/2nd	-----/-----
2002-03	0-0	2nd	-----	0-1	3rd/2nd	-----/56th
2003-04	0-0	2nd	-----	0-0	2nd/2nd	-----/-----
2004-05	0-0	2nd	-----	0-0	4th/3rd	-----/39th
2005-06	0-0	3rd	-----	0-0	2nd/2nd	26th/18th
2006-07	0-0	2nd	-----	0-0	2nd/2nd	45th/8th
2007-08	0-0	2nd	15th	0-0	2nd/1st	46th/16th
2008-09	0-0	2nd	21st	2-0	2nd/2nd	11th/44th
2009-10	0-0	2nd	-----	0-0	2nd/1st	55th/38th

CROSS COUNTRY HIGHLIGHTS UNDER PAUL OLSEN

- * Augustana has its only two CCIW cross country championship (1969 & 1970) under Olsen's tutelage.
- * 13 Vikings have won a total of 23 NCAA Division III All-American certificates.
- * Augustana hosted the NCAA Division III national cross country championships five times (in 1978, 1979, 1989, 1996 & 2001)... The Vikings also hosted the NCAA Division III Midwest Regional 16 times.
- * Four Viking runners have won a total of seven CCIW individual cross country championships and all have been under Olsen.
- * In 43 years the Vikings have qualified for the NCAA Division III national championships a total of 24 times and have been in the top 10 a total of 10 times.
- * Viking runner Shemi Sabag represented his home country of Israel in the 1984 Summer Olympics in Los Angeles and Sandu Re benciuc ran for Romania in the 1993 World University Games in Buffalo, New York.
- * Augustana's Dave Terronez became the school's first ever individual national champion in cross country when he won the 1988 NCAA Division III title in St. Louis, Missouri...He repeated his title in 1989 when he thrilled the home crowd with a runaway victory at Highland Springs Golf Course in his senior year...Rebenciuc won the 1991 national championship.
- * In 1980 Augustana placed second in the conference, regional and national meet.

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2010 AUGUSTANA VIKINGS MEN'S CROSS COUNTRY ROSTER

NAME	YEAR	HOMETOWN (HIGH SCHOOL)
Jake Adams	Sophomore	Palos Heights, Illinois (Stagg)
Andrew Allabastro	Freshman	LaGrange, Illinois (Lyons Township)
Ryan Bertram	Junior	Bolingbrook, Illinois (Neuqua Valley)
Matt Bowman*** (C)	Senior	Elburn, Illinois (Geneva)
Ryan Brown	Sophomore	Shelbyville, Illinois (Shelbyville)
Austin Bruns	Sophomore	Palatine, Illinois (Fremd)
John Burch	Freshman	Orland Park, Illinois (Carl Sandburg)
Taylor Busch	Freshman	Winnebago, Illinois (Winnebago)
Payton Campbell	Freshman	Bloomington, Illinois (Normal Community)
Sean Carmody*** (C)	Senior	Winnebago, Illinois (Winnebago)
Thomas Christian**	Junior	Port Angeles, Washington (Port Angeles)
Matt Cwiock	Freshman	Mount Prospect, Illinois (Hersey)
Nick Danzy*	Junior	Naperville, Illinois (Naperville Central)
Mitch Dietrich	Freshman	Quincy, Illinois (Notre Dame)
Dan Doubet	Sophomore	Galesburg, Illinois (Galesburg)
Terence Enders	Sophomore	Yorkville (Yorkville)
Eric Erspamer*	Senior	Bartlett, Illinois (Bartlett)
Carlisle Evans Peck	Freshman	Geneseo, Illinois (Glenbard West)
Tim Faith-Rosley*	Senior	Glenview, Illinois (Glenbrook South)
Garrett Gingras	Freshman	Bloomington, Illinois (Glenbard North)
Brandon Gittelman**	Junior	Naperville, Illinois (Naperville Central)
Kevin Gray	Freshman	Batavia, Illinois (Batavia)
Dan Halleck	Sophomore	Naperville, Illinois (Naperville Central)
Tommy Harris*	Sophomore	Davenport, Iowa (Assumption)
Daniel Hearne	Junior	Mokena, Illinois (Lincoln Way East)
Christopher Holmes	Freshman	Rantoul, Illinois (Rantoul)
Paul Hurd	Sophomore	Wilton, Iowa (Wilton)
Colin Johnson	Junior	Deerfield, Illinois (Deerfield)
Brad Keating*** (C)	Senior	Cary, Illinois (Cary Grove)
Jason Langslet	Senior	Mundelein, Illinois (Mundelein)
David Lundine	Freshman	Crystal Lake, Illinois (Crystal Lake South)
Patrick Manser	Junior	Elburn, Illinois (North)
Kyle McNicholas*	Sophomore	Orland Park, Illinois (Carl Sandburg)
Kyle Meyer	Freshman	Orland Park, Illinois (Carl Sandburg)
Ryan Miller***	Senior	Crystal Lake, Illinois (Crystal Lake Central)
Vlad Novikov	Sophomore	Palatine, Illinois (Palatine)
Dennis O'Flaherty	Sophomore	Orland Park, Illinois (Carl Sandburg)
Tim Panega	Freshman	Orland Park, Illinois (Carl Sandburg)
Brian Pollastrini*	Sophomore	Elmhurst, Illinois (York)
Conor Provenzale	Freshman	Downers Grove, Illinois
Taylor Riley	Senior	Winnebago, Illinois (Winnebago)
Chris Sally	Junior	Deerfield, Illinois (Deerfield)
Ben Sharko	Senior	Elmhurst, Illinois (York)
Cody Sharko	Freshman	Elmhurst, Illinois (York)
Brandon Shaver	Senior	Bloomington, Illinois (Normal University)
Jonathan Smith*	Sophomore	Moline, Illinois (Moline)
Justin Smith*	Sophomore	Bensenville, Illinois (Fenton)
Nathan Smith*	Sophomore	Bensenville, Illinois (Fenton)
Alex Stockwell	Freshman	Glen Ellyn, Illinois (Glenbard West)
Matt Strickland	Junior	Glendale Height, Illinois (Driscoll Catholic)
Billy TenBusch**	Junior	Cary, Illinois (Prairie Ridge)
Mike Tisza**	Junior	Prospect Heights, Illinois (Hersey)
Aaron Trost	Freshman	Kankakee, Illinois (Bishop McNamara)
Isaac Trostle	Freshman	Lombard, Illinois (Willowbrook)
Edgar Valle	Freshman	Elburn, Illinois (Kaneland)
Joey Waldorf*	Senior	Bloomington, Illinois (Bloomington)
Wil Ward	Freshman	Bloomington, Illinois (University)
Greg Weigand**	Senior	Wheaton, Illinois (Wheaton Warrenville South)
Lucas Westblade*	Senior	Hillsdale, Michigan (Will Carleton Academy)
Billy Wisser**	Junior	Mt. Prospect, Illinois (Hersey)
Scott Wood	Senior	Lemont, Illinois (Lemont)
Joseph Zahn	Sophomore	Moline, Illinois (Moline)

* Denotes letters won

HEAD COACH: Paul Olsen
ASSISTANT COACH: Doug Sand

Chris Zook wins MVP honors as Vikings spend most of the year ranked in the top 20 in NCAA Division III national polls

The 2009 cross country season was a special one under veteran head coach, Paul Olsen and assistant coach, Doug Sand as the Vikings were able to place an individual top 10 finisher in eight of their 10 meets this season. The Vikings remained ranked in the top 11 according to the United States Track and Field/Cross Country Coaches Association for seven of the nine weekly rankings during the course of the season and were fierce competitors in each meet.

The season started with the Augustana Open on September 1 as the Vikings were welcomed back to their home course, Credit Island in Davenport, Iowa. The course was unusable in 2008 after severe flooding during the summer of 2008. This meet has always traditionally been one where the freshmen and newcomers are able to perform for the first time at the collegiate level. The 2009 showing was no different as freshman Nathan Smith (**Fenton HS, Bensenville, Ill.**) took first place in 21:16 on the four mile course.

The addition of the Western Illinois Invitation in Macomb, Illinois to the 2009 season allowed the team to run its first meet together. The five mile loop course gained the Vikings a first place showing, led by senior and co-captain Dan Bailey (**Deerfield HS, Deerfield, Ill.**) in 25:48. It was his showing in this meet that earned Bailey the much deserved honor of being named "Runner of the Week" in the College Conference of Illinois & Wisconsin.

Two weeks later the team ran together at the Illinois Intercollegiate Championship in Normal, Illinois. Competing against most of the colleges and universities in the state, the Vikings placed third with 91 points. Sophomore Billy Wisser (**Hersey HS, Mount Prospect, Ill.**) led the way with a 13th place finish in 25:32.

The Vikings took second out of 26 teams at the Brissman/Lundeen Invitational held on Friday, September 25 at Credit Island in Davenport, Iowa. For the second consecutive meet sophomore Wisser led the Vikings with an eighth place finish in 25:46. University of Wisconsin-Stevens Point won the team title with 25 points.

After a week break the Vikings traveled to Waverly, Iowa for the Wartburg Invitational for a first place finish. On the cold and windy day senior and co-captain Chris Zook (**Normal Community HS, Normal, Ill.**) finished third overall in a time of 26:03 on the soft course. It was from this meet on that it was apparent that Zook had a goal in mind for his final cross country season and there was nothing that was going to stop him. That being said, Zook was named "Runner of the Week" in the College Conference of Illinois & Wisconsin.

The University of Wisconsin-Oshkosh Invitation held in Winneconne, Wisconsin featured many familiar competitors and the Vikings came prepared as they finished third of 35 teams, losing only to top ranked North Central and University of Wisconsin-Stevens Point. Zook's showing was the model for the cross country motto of being "reckless and aggressive" while racing as he finished fifth overall and first for the Vikings with an impressive time of 24:31.

After a week break the team traveled to Elmhurst, Illinois on October 31 for the College Conference of Illinois & Wisconsin meet. The Vikings finished second overall on the muddy and wet course scoring 54 points. Leading the Vikings for the third straight race, Zook finished eighth overall in 27:21. Following closely behind was freshman and key runner throughout the season, Jonathan Smith (**Moline HS, Moline, Ill.**) who finished ninth overall in 27:26. It was no surprise that Smith was named the "Freshman of the Year" by the College Conference of Illinois & Wisconsin and was voted "Most Valuable Freshman" by his teammates.

This year with the addition of a Junior Varsity Cup held at Luther College in Decorah, Iowa on Friday, November 6 allowed one more running opportunity for many of the runners. A third place finish for the team with the first and second place finishers both wearing blue and gold, Nathan Smith and Kyle McNicholas (**Carl Sandburg HS, Orland Park, Ill.**), respectively. Smith's first place finish was clocked at 26:57 followed by McNicholas at 27:03.

The team concluded their season at the Midwest Regional finishing seventh of 39 teams. Maintaining his consistency, Zook again finished first for the Vikings and eighth overall in 24:43. His showing allowed him to advance to the NCAA Division III meet in Cleveland, Ohio on November 21 where he finished 62nd overall in 26:29. Zook's success and leadership earned him the honor of being named "Most Valuable Runner", voted on by his teammates.

As the Vikings look ahead to the upcoming season Matt Bowman (**Geneva HS, Geneva, Ill.**), Sean Carmody (**Winnebago HS, Winnebago, Ill.**), and Brad Keating (**Cary-Grove HS, Cary, Ill.**) have been named the 2010 cross country captains.

2009 AUGUSTANA MEN'S CROSS COUNTRY RESULTS

TEAM RESULTS

DATE	MEET	RESULTS	TOP FINISHER
Sep. 1	Augustana Open	No team scores	Nathan Smith (1st)
Sep. 4	Western Illinois Invitational	1st of 6	Dan Bailey (1st)
Sep. 18	TEAM SCORES: 1. AUGUSTANA 24; 2. Western Illinois 42; 3. Bradley 64; 4. Illinois Central 132; 5. Lincoln 146; 6. Knox 168 Illinois Intercollegiate Championship	3rd of 25	Billy Wisser (14th)
Sep. 25	TEAM SCORES: 1. North Central 33; 2. Rend Lake College 46; 3. AUGUSTANA 91; 4. Olivet Nazarene University 113; 5. McKendree 147; 6. University of Chicago 162; 7. Illinois Wesleyan 197; 8. Greenville College 275; 9. Illinois Central College 311; 10. Elmhurst College 322; 11. Judson University 344; 12. Principia College 398; 13. Danville Area Community College 404; 14. Trinity Christian College 412; 15. Robert Morris University 424; 16. Lincoln College 463; 17. College of DuPage 549; 18. Aurora 555; 19. Morton College 557; 20. Illinois College 563; 21. Harper 567; 22. Moraine Valley Community College 605; 23. Knox College 621; 24. Kaskaskia College 670; 25. Millikin University 701 Brissman/Lundeen Invitational	2nd of 26	Billy Wisser (10th)
Oct. 10	TEAM SCORES: 1. UW-Stevens Point 25; 2. AUGUSTANA 70; 3. Olivet Nazarene University 125; 4. Grinnell College 133; 5. Truman State University 143; 6. University of Chicago 164; 7. Cornell College 200; 8. Iowa Central 221; 9. North Iowa Area Community College 261; 10. Central College 337; 11. Monmouth College 351; 12. Elmhurst College 363; 13. Saint Xavier University 388; 14. Illinois Central College 402; 15. Carroll University 480; 16. Loras College 515; 17. Mount Mercy College 521; 18. University of Northern Iowa 534; 19. Southwestern Community College 536; 20. Spalding University 552; 21. Principia College 593; 22. Aurora University 641; 23. Clarke College 645; 24. Sauk Valley Community College 715; 25. Webster University 793; 26. Marshalltown Community College 798 Dan Huston Invitational	1st of 13	Chris Zook (3rd)
Oct. 17	TEAM SCORES: 1. AUGUSTANA 37; 2. UW-Platteville 43; 3. UW-Lacrosse 90; 4. Carleton College 132; 5. Wartburg College 133; 6. Cornell College 134; 7. University of Northern Iowa 193; 8. Loras College 220; 9. Simpson College 247; 10. North Iowa Community College 264; 11. Wartburg Alumni 331; 12. Grinnell College 337; 13. Buena Vista 413 UW-Oshkosh Invitational	3rd of 35	Chris Zook (5th)
Oct. 31	TEAM SCORES: 1. North Central 22; 2. UW-Stevens Point 97; 3. AUGUSTANA 151; 4. Calvin College 158; 5. UW-Oshkosh 168; 6. UW-Whitewater 186; 7. Washington University 199; 8. Grinnell College 223; 9. Olivet Nazarene 270; 10. University of Chicago 272; 11. DePauw University 327; 12. Wheaton College 336; 13. Hope College 395; 14. Coe College 401; 15. Minnesota-Duluth 415; 16. Bethel University 430; 17. Illinois Wesleyan 455; 18. Adrian College 539; 19. Monmouth College 549; 20. Carthage College 575; 21. UW-Stout 596; 22. Illinois Tech 677; 23. Elmhurst College 688; 24. Rockford College 795; 25. Carroll University 831; 26. Lawrence University 846; 27. North Park 864; 28. Judson Track Club 870; 29. Concordia Chicago 938; 30. Benedictine University 956; 31. Robert Morris 960; 32. Aurora University 981; 33. Moraine Valley Community College 1048; 34. Lake Forest College 1057; 35. Northwestern College 1069 Nov. 15 CCIW Championship	2nd of 8	Chris Zook (10th)
Nov. 14	TEAM SCORES: 1. North Central 15; 2. AUGUSTANA 54; 3. Wheaton 91; 4. Illinois Wesleyan 116; 5. Carthage 153; 6. Elmhurst 161; 7. North Park 198; 8. Millikin 246 Nov. 22 NCAA Division III Midwest Regional	7th of 39	Chris Zook (8th)
Nov. 21	TEAM SCORES: 1. North Central 21; 2. UW-LaCrosse 105; 3. Washington University 118; 4. UW-Platteville 124; 5. UW-Eau Claire 169; 6. UW-Stevens Point 173; 7. AUGUSTANA 175; 8. UW-Whitewater 181; 9. UW-River Falls 300; 10. University of Chicago 330; 11. UW-Oshkosh 337; 12. Illinois Wesleyan 367; 13. Wheaton 369; 14. Edgewood 472; 15. St. Norbert 483; 16. Carthage 504; 17. Greenville 552; 18. UW-Superior 552; 19. Ripon 575; 20. Concordia (Wis.) 606; 21. Rockford 609; 22. UW-Stout 614; 23. Elmhurst 639; 24. Fontbonne 642; 25. Monmouth 654; 26. Milwaukee School of Engineering 749; 27. Carroll 822; 28. Principia 852; 29. Beloit 863; 30. Benedictine 883; 31. Lawrence 889; 32. North Park 890; 33. Knox 925; 34. Aurora 932; 35. Concordia (Ill.) 1040; 36. Northland 1053; 37. Millikin 1057; 38. Lake Forest 1123; 39. Wisconsin Lutheran 1167. NCAA Division III National Championship	No team	Chris Zook (62nd)

7 - AUGUSTANA VIKINGS

2010 MEET SCHEDULE

#	DATE	MEET	LOCATION
1.	9/1	Augustana Early Opener	HOME (Credit Island)
2.	9/3	W.I.U. Invite	Macomb, Illinois
3.	9/17	Illinois Intercollegiate Championship	Normal, Illinois
4.	9/24	Brissman/Lundeen Invitational	HOME (Credit Island)
5.	10/9	Wartburg Invite	Waverly, Iowa
6.	10/16	UW-Oshkosh Invite	Oshkosh, Wisconsin
7.	10/30	CCIW Championships	HOME (Credit Island)
8.	11/5	J.V. Cup	Decorah, Iowa
9.	11/13	NCAA Division III Midwest Regional	HOME (Credit Island)
10.	11/20	NCAA Division III National Meet	Waverly, Iowa

2009 AUGUSTANA VIKINGS MEN'S CROSS COUNTRY INDIVIDUAL RESULTS

NAME	HOMETOWN (HIGH SCHOOL)	1	2	3	4	5	6	7	8	9
Jake Adams	Palos Heights, Illinois (Stagg)	24:07	30:13	29:46	29:26	29:35	28:40			
Daniel Bailey***(C)	Deerfield, Illinois (Deerfield)		25:48	25:34	25:57	26:16	24:58	27:36	25:31	
Josh Bayles	Saint Joseph, Illinois (St. Joseph-Ogden)						30:28			
Ryan Bertram	Bolingbrook, Illinois (Neuqua Valley)		30:27	30:12	29:59	30:42	29:39			
Matt Bowman**	Elburn, Illinois (Geneva)		26:12	26:20		26:25	25:52	27:34		
Ryan Brown	Shelbyville, Illinois (Shelbyville)									
Austin Bruns	Palatine, Illinois (Fremd)	24:13	29:40	29:44	28:54	29:09	28:22			
Dean Burrier	Stow, Ohio (Western Reserve Academy)		30:55	29:32	29:56	29:24	28:16			
Sean Carmody**	Winnebago, Illinois (Winnebago)				27:14	27:03	25:47	29:20		
Thomas Christian*	Port Angeles, Washington (Port Angeles)		27:10	26:54	26:57	27:11	26:43			
Nick Danzy*	Naperville, Illinois (Naperville Central)		28:34	28:27	27:37	28:27	27:43			
Dan Doubet	Galesburg, Illinois (Galesburg)	24:29	30:59	30:33	29:45					
Neil Driscoll*	LaGrange, Illinois (Lyons Township)		29:37	30:16		29:27				
Terrence Enders	Yorkville (Yorkville)	25:29	32:12	32:47	31:09	31:18	30:13			
Eric Erspamer	Bartlett, Illinois (Bartlett)		29:41	29:30	28:49	30:10	27:56			
Tim Faith-Rosley*	Glenview, Illinois (Glenbrook South)			28:28	28:22	28:55				
Patrick Fritsch*	Bensenville, Illinois (Fenton)			29:25	29:20	28:41	28:42			
Michael Gillhouse	Wheaton, Illinois (Benet Academy)		32:39		30:58	30:59	30:16			
Brandon Gittelman*	Naperville, Illinois (Naperville Central)		27:18	27:24	27:55	27:38	26:19			
Dan Halleck	Naperville, Illinois (Naperville Central)	24:39	31:02	30:38	30:38	31:10	30:04			
Tommy Harris	Davenport, Iowa (Assumption)	22:50	28:16	28:32	28:19	27:57	27:17			
Brian Hart***(C)	St. Louis, Missouri (University City)		26:19	26:07	26:13	26:22	25:21	27:56	26:15	
Paul Hurd	Wilton, Iowa (Wilton)	25:32	32:30	32:11	31:09	31:09	29:33			
Colin Johnson	Deerfield, Illinois (Deerfield)		31:11	30:35	31:32	31:04	29:55			
Brad Keating**	Cary, Illinois (Cary Grove)		26:24	27:21	27:06	25:52	27:50			
Jason Langslet	Mundelein, Illinois (Mundelein)		29:23	29:11	29:16	29:33	27:54			
Henry Lapka	Naperville, Illinois (Waubonsie Valley)				29:11	28:45	27:12			
Patrick Manser	Elburn, Illinois (St. Charles North)		29:20	29:18	29:06	29:15	28:26			
Kyle McNicholas	Orland Park, Illinois (Carl Sandburg)	21:41	27:15	27:05	26:42	27:42	26:19			
Jeffrey Miller	Algonquin, Illinois (Dundee Crown)				30:42	29:28				
Ryan Miller**	Crystal Lake, Illinois (Crystal Lake Central)					27:51	26:51			
Robert Morley	Algonquin, Illinois (Dundee Crown)				31:29					
Joseph Murphy	Naperville, Illinois (Neuqua Valley)			30:47			29:26			
Matthew Nagel	Lake Zurich, Illinois (Lake Zurich)		31:15	32:12	31:21					
Vlad Novikov	Palatine, Illinois (Palatine)				30:43	30:39	29:55			
Dennis O'Flaherty	Orland Park, Illinois (Carl Sandburg)	22:38	28:48	29:11	28:32	29:02	27:29			
Brian Petersen	Bloomington, Illinois (Olympia)			28:06	27:58	28:12	27:35			
Brian Pollastrini	Elmhurst, Illinois (York)	22:16	27:08	26:45		27:07	26:17			
Tom Ries***	Iowa City, Iowa (Iowa City Regina)		27:18	26:59	27:34	27:02	26:28			
Taylor Riley	Winnebago, Illinois (Winnebago)				35:03		32:00			
Zach Riley	Winnebago, Illinois (Winnebago)		28:40	29:47			28:48			
Chris Sally	Deerfield, Illinois (Deerfield)									
Joseph Scheck	Lake Zurich, Illinois (Lake Zurich)									
Ben Sharko	Elmhurst, Illinois (York)			32:49	33:04					
Brandon Shaver	Bloomington, Illinois (Normal University)			32:34		31:19	29:54			
Jonathan Smith	Moline, Illinois (Moline)	21:27	26:34	26:11	25:58	26:26	25:26	27:26	25:18	
Justin Smith	Bensenville, Illinois (Fenton)	22:30	28:26	28:19	27:49	27:55	27:10			
Nathan Smith	Bensenville, Illinois (Fenton)	21:16	26:28	26:31	26:32	27:09	25:55			
Matt Strickland	Glendale Heights, Illinois (Driscoll Catholic)		34:43		31:45	32:31	31:13			
Billy TenBusch*	Cary, Illinois (Prairie Ridge)				26:29	26:21	25:37	27:49	25:40	
Mike Tisza*	Prospect Heights, Illinois (Hersey)		26:06	25:46	25:51	26:55	25:19	28:11	25:23	
Joey Waldorf*	Bloomington, Illinois (Bloomington)									
Greg Weigand*	Wheaton, Illinois (Wheaton Warrenville South)		28:13	27:49	27:16		27:04			
Lucas Westblade	Hillsdale, Michigan (Will Carleton Academy)		28:59	28:56	28:44	28:00	27:21			
Ian Williams	Moline, Illinois (Moline)		30:36	30:46	29:48	29:53	28:49			
Billy Wisser*	Mt. Prospect, Illinois (Hersey)		25:59	25:32	25:46	26:14		28:21	25:59	
Scott Wood	Lemont, Illinois (Lemont)									
Joseph Zahn	Moline, Illinois (Moline)	23:08	28:30		30:33	29:05	28:22			
Chris Zook***(C)	Normal, Illinois (Normal Community)			26:01	26:21	26:03	24:31	27:20	24:43	26:29

KEY: 1 = 09/01 - Early Opener; 2 = 09/04 - Western Illinois Invitational; 3 = 09/18 - Illinois Intercollegiate Championship; 3A = 09/18 - Illinois Intercollegiate Open; 4 = 09/25 - Brissman/Lundeen Invitational; 5 = 10/10 - Wartburg Invitational; 6 = 10/17 - Wisconsin-Oshkosh Invitational; 7 = 10/31 - CCIW Championships; 8 = 11/14 - NCAA Division III Midwest Regional; 9 = 11/21 - NCAA Division III National Meet

AUGUSTANA CROSS COUNTRY LETTERMAN (1959-2009)

A

Adams, Jeff 1994-95-96-97
Alderman, Greg 1988-89-90-91
Alsberry, Charles 1991
Amezola, Rojelio 1994-95; 97
Anderson, Al 1972
Anderson, Bob 1981-82
Anderson, Don 1961-62
Anderson, Kent 1995-96-97-98
Anderson, Mark 1995-96-97-98
Antongiovanni, Mike 1988
Aronson, Karl 1975
Aubinger, Greg 1967

B

Bacon, Dean 1986-87-88-89
Bacon, Paul 1987; 89
Bailey, Dan 2006-07-08-09
Bailey, Jeff 2003-04-05-06
Bati, Ambo 1993-94-95-96
Bayles, Josh 2009
Beaty, James 2007
Beausoleil, Logan 2005; 07-08
Beckman, Peter 1968
Belby, Eric 1991-92-93-94
Benesh, Randy 1986-87; 89-90
Bickford, Doug 1992-93-94-95
Bill, Randy 2000-01-02-03
Bjork, Bryan 1993
Bodoh, Bart 1986-87
Borling, Aaron 1995-96
Bowman, Matt 2007-08-09
Brinkman, Jay 1993-94-95
Brown, Brian 1972; 74-75
Budde, Eric 1993-94-95-96
Buerger, Pete 1972

C

Carlson, Dave 1972
Carlson, Tim 1982-83-84-85
Carlson, Tyler 2007
Carmody, Sean 2007-08-09
Cervantes, Pedro 1999
Chandler, Jason 1995; 97
Chapman, Ryan 2000-01-02-03
Christensen, Chuck 1975-76
Christian, Thomas 2008-09
Claassen, Dave 1993; 95-96-97
Clark, Steve 1985
Clavio, Tony 2003-04-05-06
Clayton, Dave 1996-97
Cleaver, Bob 1974
Conway, Dan 1985
Coolridge, John 1962-63-64-65
Coon, Ben 2005-06-07
Coon, Chris 2000-01-02-03
Copper, Dan 1973-74-75-76
Cosentino, Brad 2001
Crawford, Carl 1970-71-72
Creager, Marty 1966-67-68
Cupples, Zac 2008

D

Dailey, Brett 1994-95
Dalzell, Dave 1986
Danzy, Nick 2008
Davis, Andrew 2004
Davis, Neal 1965-66
Deffenbaugh, Jack 1986-87; 89
Delagrange, Matt 2000
Dempsey, Dennis 1973-74
Depke, Bowen 1986
Devlin, Jim 1966
Doonan, Ryan 1996
Dresser, Todd 1999
Driscoll, Neil 2007
Dwyer, Will 2000-01-02

E

Earley, Don 1994-95-96
Elam, Brain 1978-79-80-81
Erb, Daniel 2002-03
Erb, Joe 1994-95-96-97
Erickson, Mahlon 1982
Erspamer, Eric 2009

F

Faith-Rosley, Tim 2008
Favus, Josh 1988-89-90-91-92
Fenn, Creston 1998-99; 01
Finn, Daniel 2003
Fisher, Matt 1999-00
Fortney, Pat 1975-76-77
Franks, Clint 2002
Freed, Jeff 1992
Frey, Tim 2003-04-05-06
Fritsch, Patrick 2008-09
Fryer, Brad 1979-80
Fulton, Matt 2005-06-07-08
Fusco, Michael 2001-02-03-04

G

Gallas, Jon 1994-95; 97
Gant, Larry 1996-97-98-99
Garcia, Julio 1969-70-71-72
Garrity, Tim 1972-73-74; 76
Geocaris, Alex 2005-06-07
Gillhouse, Michael 2009
Gittelman, Brandon 2008-09
Gramsch, Steve 1980-81-82-83
Green, Chad 1998
Green, Paul 2008
Grundstrom, Charlie 1988-89-90-91
Gustafson, Del 1962-63

H

Hahn, Allen 1961
Hall, Bruce 1975-76-77-78
Hammermeister, John 1974; 76-77
Hanauer, Robert - 2004
Hansen, Rich 1967-68-69-70
Harlan, Dick 1981; 83
Haronik, Dave 1995
Harris, Tommy 2009
Hart, Brian - 2006-07-08-09
Hartman, Jeff 1987-88
Hayden, Craig 1980
Heden, Jeff 1997
Heinze, Tim 1981; 83
Hendrix, Jerry 1995-96
Hilliard, Todd 1985
Holehan, Bradley 2004-05-06-07
Houghton, Adam 2002-03-04-05
Huff, Karl 1980-81
Huffaker, Kirk 1991
Hurd, Curt 2005-06
Hurd, Tony 1976-77-78-79-80
Hyser, Joel

I

Isbell, John 1978-79

J

Jackson, Brian 1997; 1999-00
Jefferson, Dave 1984
Jensen, Rob 1976; 1978-79-80
Johnson, Nick 2001-02-03-04
Jones, Dave 1979-80-81
Jones, Joshua 1998
Junco, Eric - 2004-06

K

Keating, Brad 2007-08-09
Kelly, Alex 2005-06
Kelly, Joe 1996; 98
Kerschietter, Darren 1989
Knudson, John 1998-99-00-01
Kollmeyer, Jeff 1986-87-88-89
Kovachevich, Rudy 1998-99-00-01
Krieger, Tom 1983-84-85
Kubiak, Andy 2005-06-07-08
Kupisch, Andrew 2005; 07-08

L

Lapka, Henry 2009
Lawrence, Craig 1999-00-01
Lawrence, Tom 1981-82-83
Leonard, Daniel 2004-05-06-07
Lillibridge, Greg 1975-76; 78
Linguist, Leland 1959-60
Logan, Tom 1982
Lounsberry, Dan 1963-64-65-66

Lubben, Todd 1997

Lyons, Robert 2007

M

Marchese, Nate 2000
Marincic, David 2003
Marovitch, Lou 1971; 73
Marquis, Dustin 2002-03-04
Martinez, David 1996-97-98-99
Mason, Rich 1968
Maxson, John 1973-74
McCoy, Jeff 1976-77-78
McCready, Ben 2005
McDannald, Jim 1995; 97 98
McNicholas, Kyle 2009
Mead, Andy 2001-02-03
Miller, Gale 1964-65-66
Miller, George 1962
Miller, Jeff 2009
Miller, Ryan 2007-08-09
Mills, Greg 1988-98-90-91
Molenda, Dan 1974-75
Moore, Barrett 1993
Moore, Randall 1996-97-98
Moore, Rich 1975-76-77-78
Moore, Tyler 2006-07-08
Morrell, Trent 1990-91-92
Morse, Ed 1962
Mulick, Mike 1996-97

N

Nellis, Dave 1993-94-95-96
Nelson, Eric 1995
Nicoson, Erik 1991-92-93-94
Nietfeldt, David 1997-97
Noble, Charles 2007
Nooner, Tony 1994
Nordstrom, Mark 1978-79
Noth, Greg 1987-88-89
Novak, Mike 1985

O

O'Connor, John 1970-71-72-73
Oliver, Duane 1961
Oliver, William 1959

P

Papineau, Dan 1981
Paquette, Ammon 2001-02-03-04
Parkinson, Jerry 1991-92-93
Parks, Marshall 1981; 83
Paul, Jeff 2000-01-02
Pealstrom, Mark 1967-68-69-70
Pearson, Paul 1969; 71-72
Pedersen, Jason 2002
Pedersen, Matt 1994-95-96-97
Pehle, Matt 1998
Peters, Dan 1991-92
Peterson, Duane 1975-76-77-78
Pollastrini, Brian 2009
Pommier, John 19984-85-86
Prather, Ray 2002
Prill, Kevin 2000;02
Pugsley, Steve 1979-80-81-82

Q

Quale, David 1997-98-99

R

Randall, KC 1998
Rebenciuc, Sandu 1990-91-92-93
Ries, Tom 2006-07-08-09
Rink, Ed 1984-85
Rivera Carlos 1990-91-92-93
Roe, Nate 1993-94-95-96
Roegner, Doug 1983
Rogers, Mark 1972
Roth, Trenton 1992

S

Sabag, Shemi 1983-84
Sakach, Mike 1981-82-83-84
Salaway, Mark 1982
Sand, Doug 1983-84
Sandino, Steve 1975-76-77
Sarno, Eric 1994
Scanlin, Tim 2007

Schaefer, Mark 1963-64-65-66
Schamber, James 1997
Schnauffer, Mark 1992-93
Schneider, Bob 1995-96-97-98
Schultz, Jonathon
Schutman, Ben 2002-03
Scott, Dave 1975
Seago, Brad 1970-71-72
Seaver, Rusty 1997
Severson, Kevin 1990
Sharko, Josh 2005-06-07
Shaver, Jabon 2002-04-05
Shipp, Tom
Shock, Carl 1997-98
Showalter, Braxton 1999
Sillery, John 1991-92-93
Simpson, Dan 1988-89-90-91
Slucum, Kenny 2005-06-07
Slupianek, Brad 1997-98-99; 01
Smith, Jonathan 2009
Smith, Justin 2009
Smith, Lincoln 1984
Smith, Nathan 2009
Soeken, Kevin 1986
Spain, Noel 1990-91
Spring, Rich 1984
Stadeker, Wilke 1984-85; 87-88
Stanek, John 1972-73
Stiglic, Chris 1988; 90-91
Stirrett, Nick 2005
Stitt, Craig 1969-70-71-72
Stratton, William 1959
Stroschein, Paul 1987
Strom, Tony 1980-81
Strote, Severin 1960-61
Stumm, Tim 1967
Summerford, Lowell 1962
Sundeen, Jim 1984-85-86-87
Susin, John 2004-05-07
Sweet, Chris 1997-98-99-00

T

Taylor, Jacob 2006
Taylor, Mark 1973
TenBusch, Billy 2008-09
Terronez, Dave 1986-87-88-89
Tisza, Mike 2008-09
Thompson, Steve 1971
Thillman, Ryan 1997
Tissue, Adam 2008
Tucci, Jim 1983

V

Vahl, Brandon 2002
Vancil, Ron 1961
VanDeWalle, Tony 1983-84-85-86
Vaughn, Andrew 2002
Veenstra, Tyler 1993
Villareal, Sergio 1987-88-89
Volkert, Eric 1981-82-83-84

W

Wadle, Scott 1999-00
Wahls, Steve 1999-00-01-02
Waldorf, Joseph 2007
Washburn, Ricci 1981
Weigand, Greg 2007; 09
Westblade, Lucas 2009
Whiteside, Fred 1971-72-73-74
Wilkinson, Chris 1991-92
Wille, Wayne 1969-70-71-72
Williams, Jason 2000-01-02-03
Wilson, Bob P. 1967-68-69-70
Wind, Andy 1980
Winn, Kirby 1991-92-93
Wisser, Billy 2008-09
Worden, Steve 1990-91-92
Wrath, Dave 1976; 78-79

Y

Young, Kevin 2007

Z

Zemke, Mark 1995
Zook, William 2006-07-08-09

COURSE RECORDS HELD BY AUGUSTANA RUNNERS

COURSE	RECORD HOLDER	DISTANCE	TIME	YEAR
Rockford College	Gale Miller	4 miles	21:14	1966
Beloit College	Bob P. Wilson	4 miles	21:13	1967
Western Illinois	Bob P. Wilson	4 miles	21:18	1968
Wis-Whitewater	Bob P. Wilson	5 miles	26:47	1970
Grinnell (Les Duke)	Mark Pealstrom	4 miles	20:48	1970
Carroll	Mark Pealstrom	4.9 miles	24:13	1970
NE Missouri State	John O'Connor	4 miles	20:30	1973
Credit Island Park	Dan Copper	5 miles	24:24	1974
Credit Island Park	Shemi Sabag	4 miles	19:33	1984
Credit Island Park	Tony VanDeWalle	5 miles	24:12	1986
Washington U.	Tony VanDeWalle	5 miles	25:26	1986
Washington U.	Dave Terronez	5 miles	24:43	1988
Highland Springs	Dave Terronez	5 miles	23:58	1989
Illinois State	Sandu Rebenciuc	5 miles	24:24	1992
Grinnell Invite	Ambo Bati	5 miles	26:43	1994
Grinnell Invite	Ambo Bati	5 miles	24:48	1996
Luther Invite	Ambo Bati	4 miles	19:47	1996
Augustana Invite	Ambo Bati	5 miles	24:15	1996
Midwest Regional	Ambo Bati	5 miles	23:52	1996
Emeis Park	Rudy Kovachevich	4 miles	20:29	2001

AUGUSTANA NCAA DIVISION III ALL-AMERICA SELECTIONS

1973	Fred Whiteside 13 John O'Connor 19
1974	Dan Copper 5
1975	Dan Copper 24
1976	Dan Copper 3
1979	Tony Hurd 16 Rob Jensen 25
1980	Rob Jensen 8
1981	Steve Gramsch 24
1983	Shemi Sabag 8
1984	Shemi Sabag 21
1986	Tony VanDeWalle 13
1987	Dave Terronez. 19
1988	Dave Terronez. 1
1989	Dave Terronez 1
1991	Sandu Rebenciuc 1
1992	Sandu Rebenciuc 8
1992	Trent Morrell 18
1993	Sandu Rebenciuc 3
1994	Ambo Bati 14
1995	Ambo Bati 3
1996	Ambo Bati 4
1996	Dave Nellis 31

AUGUSTANA SCHOOL RECORDS

VARSITY

4 mile - Shemi Sabag 19:04 1984
8000 m - Ambo Bati 23:52 1996

FRESHMEN

4 mile - Tim Garrity 20:00 1972 & Dan Copper 20:00 1973
5 mile (roads) - Dave Terronez 24:00 1986
5 mile (park) - Dan Copper 24:55 1973

CREDIT ISLAND ROAD COURSE

5 mile - Tony VanDeWalle 24:12 1986

CREDIT ISLAND WEST COURSE

5 mile - Dan Copper 24:24 1974

CREDIT ISLAND EAST COURSE

5 miles - Sandu Rebenciuc 24:36 1991

8000 METER HOME COURSE TOTAL TIME

1980 NCAA Division III Midwest Regional
at Credit Island Park - Davenport, Iowa
Tony Hurd 24:30
Steve Pugsley 24:42
Brad Fryer 24:44
Karl Huff 25:05
Brian Elam 25:40
TOP FIVE TIME 2:04:41
Tony Strom 25:59
Dave Jones 26:30
TOP SEVEN TIME 2:57:10

8000 METER TOTAL TIME

1992 NCAA Division III Midwest Regional
at LaCrosse, Wisconsin
Sandu Rebenciuc 24:14
Trent Morrell 24:24
Josh Favus 24:59
Chris Wilkinson 25:27
John Sillery 25:33
TOP FIVE TIME 2:04:34
Steve Worden 25:33
Dan Peters 26:05
TOP SEVEN TIME 2:56:12

**College Conference of Illinois & Wisconsin
Cross Country Championship
October 31, 2009 * Elmhurst, Illinois *
Eldridge Park**

Team Scores

1.	15	North Central	(1+2+3+4+5)
2.	54	Augustana	(8+9+11+12+14)
3.	91	Wheaton	(13+17+18+21+23)
4.	116	Illinois Wesleyan	(10+21+25+27+33)
5.	153	Carthage	(24+26+29+35+39)
6.	169	Elmhurst	(22+30+31+37+41)
7.	198	North Park	(19+38+44+48+49)
8.	246	Millikin	(45+47+50+51+53)

Individual Results:

1	Sean Carlson	North Central College	26:33.8
2	Michael Spain	North Central College	26:34.0
3	Kyle Brady	North Central College	26:34.1
4	Neal Klein	North Central College	26:34.3
5	Nathan Rutz	North Central College	26:34.6
6	Ryan Carrigan	North Central College	26:59.0
7	Alex Knobloch	North Central College	27:01.6
8	Chris Kane	North Central College	27:09.5

9	Nathaniel Hird	North Central College	27:12.3
10	Chris Zook	Augustana	27:20.6
11	Jonathan Smith	Augustana	27:26.0
12	Walter Farris	Illinois Wesleyan	27:29.9
13	Matt Bowman	Augustana	27:34.4
14	Dan Bailey	Augustana	27:36.6
15	Collin Christensen	Wheaton College	27:40.6
16	Billy Tenbusch	Augustana	27:49.1
17	Brad Keating	Augustana	27:50.7
18	Brian Hart	Augustana	27:56.3
19	Mark Phillips	Wheaton College	27:58.1
20	Joe McAvoy	North Central College	28:02.4
21	Parker Thompson	Wheaton College	28:05.0
22	Bryan Foland	North Park	28:05.5
23	Jimmy Greene	Wheaton College	28:08.5
24	Jim Fahey	Illinois Wesleyan	28:08.7
25	Tom McGrath	Elmhurst College	28:10.1
26	Mike Tisza	Augustana	28:11.7
27	Todd Vankerhoff	Wheaton College	28:14.8
28	Josh Keck	Carthage College	28:15.8
29	Tj Luby	Illinois Wesleyan	28:18.3
30	Billy Wisser	Augustana	28:21.2
31	Jake Mahaffey	Carthage College	28:27.2
32	Paul Kwak	Illinois Wesleyan	28:29.9
33	Nate Hatton	Wheaton College	28:36.1
34	Justin Sebens	Carthage College	28:38.7
35	Ken Ptack	Elmhurst College	28:42.5
36	Jake Austin	Elmhurst College	28:42.5



2009 AUGUSTANA VIKINGS: Row 1: Mike Tisza, Aaron Trost, Sean Carmody, Eric Erspamer, Matt Bowman, Brad Keating, Tim Faith, Ben Sharko, Joey Waldorf, Taylor Riley, Brandon Shaver, Dan Hearne, Ryan Brown Row 2: Coach Doug Sand, David Lundine, Kyle Meyer, Carlisle Evans Peck, Tim Panega, Brandon Gittelman, Billy Wisser, Thomas Christian, Pat Manser, Nick Danzy, Chris Sally, Billy Tenbusch, Ryan Bertram, Issac Trostle, Chris Holmes, Coach Paul Olsen Row 3: Justin Smith, Nathan Smith, Kyle McNicholas, Brian Pollastrini, Dan Halleck, Dennis O'Flaherty, Colin Johnson, Matt Cwioc, Cody Sharko, Garrett Gingras, Kevin Gray Row 4: Andrew Allabastro, John Burch, Alex Stockwell, Mitch Dietrich, Paul Hurd, Edgar Valle, Jake Adams, Tommy Harris, Jonathan Smith, Payton Campbell, Terence Enders, Tyler Busch

AUGUSTANA RUNNERS IN CCIW TOP 10

2009	Chris Zook - 10
2007	Dan Leonard - 7; Andy Kubiak - 9
2006	Tim Frey - 6; Jeff Bailey - 8
2005	Dan Leonard - 5; Adam Houghton - 8
2004	Adam Houghton - 10
2003	Randy Bill - 3
2001	Rudy Kovachevich - 4; Randy Bill - 6
1999	Brad Slupianek - 10.
1996	Ambo Bati - 1; David Nellis - 4; Nate Roe - 10.
1995	Ambo Bati - 3; Dave Nellis - 6.
1994	Ambo Bati - 2.
1993	Sandu Rebenciuc - 5; Ambo Bati - 8; John Sillery - 10.
1992	Trent Morrell - 3; Sandu Rebenciuc - 4; Josh Favus - 10
1991	Sandu Rebenciuc -1; Trent Morrell - 4; Dan Simpson - 8; Greg Alderman - 9.
1990	Sandu Rebenciuc - 1; Trent Morrell - 3; Josh Favus - 9.
1989	Dave Terronez - 1; Josh Favus - 4.
1988	Dave Terronez - 1; Randy Benesh - 7.
1987	Dave Terronez - 6.
1986	Tony VanDeWalle - 4; John Pommier - 8; Dave Terronez - 10.
1985	Tony VanDeWalle - 7.
1984	Shemi Sabag - 1.
1983	Shemi Sabag - 2; Tony VanDeWalle - 9.
1982	Mahlon Erickson - 6; Steve Gramsch - 9.
1981	Steve Gramsch - 4; Eric Volkert - 10.
1980	Tony Hurd - 3; Steve Pugsley - 4; Brad Fryer - 5.
1979	Rob Jensen - 6; Tony Hurd - 8
1978	Rob Jensen - 5; Duane Peterson - 8; John Isbell - 9.
1977	Duane Peterson - 8; John Hammermeister - 9.
1976	Dan Copper - 2.
1975	Dan Copper - 2.
1974	Dan Copper - 5; Brian Brown - 7.
1973	John O'Connor - 5; Fred Whiteside - 6.
1972	John O'Connor - 5; Wayne Wille - 9.
1971	Bob D. Wilson - 5; Wayne Wille - 8; Fred Whiteside - 10.
1970	Mark Pealstrom - 1; Bob P. Wilson - 4; Wayne Wille - 8.
1969	Bob P. Wilson - 2; Mark Pealstrom - 3; Craig Stitt - 10.
1968	Bob P. Wilson - 3; Mark Pealstrom - 6.
1967	Greg Aubinger - 5; Mark Pealstrom - 6; Bob P. Wilson - 7; Marty Creager - 10.
1965	Gale Miller - 3.
1963	Del Gustafson - 6.

NOTE: The 1963 race was 3.5 miles long and the races from 1965 through 1968 were 4.0 miles long...From 1969 until the present the races are 5.0 miles.

VIKING HONOR ROLL

(Alphabetical order)

Kent Anderson	NCAA Individual Qualifier
Ambo Bati	23:52 (3rd NCAA)
Randy Bill	NCAA Individual Qualifier
Dan Copper	24:17 (4th NCAA)
Mahlon Erickson	NCAA Individual Qualifier
Josh Favus	24:59
Brad Fryer	24:44
Steve Gramsch	24:36 (24th NCAA)
John Hammermeister	24:14
Brad Holehan	25:02
Karl Huff	25:05
Tony Hurd	24:30 (16th NCAA)
John Isbell	24:47
Rob Jensen	24:48 (8th NCAA)
Nick Johnson	24:57
Rudy Kovachevich	NCAA Individual Qualifier
Dan Leonard	24:47
Trent Morrell	24:24 (18th NCAA)
David Nellis	24:58 (All-America)
John O'Connor	24:28 (19th NCAA)
Mark Pealstrom	24:37
Steve Pugsley	24:42
Sandu Rebenciuc	24:11 (NCAA Champ)
Shemi Sabag	24:07 (8th NCAA)
Dave Terronez	23:58 (Two time NCAA Champion)
Tony VanDeWalle	24:12 (13th NCAA)
Eric Volkert	25:05
Fred Whiteside	24:47 (13th NCAA)
Wayne Wille	24:47
Bob P. Wilson	25:01 (26th NCAA)
Chris Zook	24:49

AUGUSTANA TEAM HONOR ROLLS

Listed below is a compilation of all the Augustana cross country teams which have participated in the NCAA College Division and NCAA Division III national meets.

NCAA COLLEGE DIVISION

YEAR	FINISH	TEAM MEMBERS (Individual Place in Brackets)
1967	17th	Greg Aubinger, Mark Pealstrom, Marty Creager, Bob P. Wilson, Rich Hansen, Tim Stumm.
1969	19th	Bob P. Wilson (29), Mark Pealstrom (42), Craig Stitt (145), Steve Wacaser (157), Paul Pearson (238), Rich Hansen (241), Wayne Wille (279).
1970	12th	Bob P. Wilson (28), Mark Pealstrom (39), John O'Connor (101), Wayne Wille (110), Bob D. Wilson (140), Carl Crawford (155), Craig Stitt (195).
1971	9th	Bob D. Wilson, Wayne Wille, Fred Whiteside, John O'Connor, Steve Thompson, Craig Stitt, Paul Pearson.
1972	16th	Wayne Wille, John O'Connor, Craig Stitt, Fred Whiteside, Tim Garrity, Al Anderson, Carl Crawford.

NCAA DIVISION III

1973	6th	Fred Whiteside (13), John O'Connor (19), Tim Garrity (57), Dennis Dempsey (65), Lou Marovitch (114), John Maxson (115), Mark Taylor (166).
1974	5th	Dan Copper (5), Fred Whiteside (32), Brian Brown (36), Dennis Dempsey (83), John Hammermeister (100), Tim Garrity (116), Don Molenda (160).
1975	17th	Dan Copper (24), Don Molenda (79), Brian Brown (101), Pat Fortney (154), Bruce Hall (171), Dave Scott (194), Chuck Christiansen (231).
1976	14th	Dan Copper (3), Jeff McCoy (99), John Hammermeister (121), Tim Garrity (122), Bruce Hall (128), Tony Hurd (185), Rich Moore (204).
1977	22nd	John Hammermeister (32), Jeff McCoy (76), Duane Peterson (151), Bruce Hall (185), Steve Sandino (213), Tony Hurd (247), Rich Moore (263).
1979	4th	Tony Hurd (16), Rob Jensen (25), John Isbell (32), Brad Fryer (42), Steve Pugsley (87), Brian Elam (184), Dave Wrath (190).
1980	2nd	Rob Jensen (8), Brad Fryer (28), Tony Hurd (29), Steve Pugsley (48), Steve Gramsch (63), Karl Huff (77), Craig Hayden (94).
1981	17th	Steve Gramsch (24), Eric Volkert (107), Bob Anderson (119), Mike Sakach (133), Ricci Washburn (137), Karl Huff (153), Marshall Parks (183).
1984	9th	Shemi Sabag (21), Tony VanDeWalle (45), Eric Volkert (63), Doug Sand (98), Tom Krieger (104), John Pommier (141), Mike Sakach (158).
1986	8th	Tony VanDeWalle (13), Randy Benesh (30), Dave Terronez (78), Dean Bacon (125), John Pommier (140), Jim Sundeen (150), Dave Dalzell (157).
1988	19th	Dave Terronez (1), Josh Favus (91), Dean Bacon (131), Dan Simpson (153), Randy Benesh (162), Wilke Stadeker (169), Jeff Kollmeyer (173).
1989	11th	Dave Terronez (1), Josh Favus (40), Dan Simpson (106), Greg Alderman (114), Charlie Grundstrom (150), Greg Mills (167), Darren Kerschietter (168).
1990	11th	Sandu Rebenciuc (47), Trent Morrell (62), Josh Favus (75), Dan Simpson (90), Steve Worden (136), Greg Alderman (143), Greg Mills (150).
1991	11th	Sandu Rebenciuc (1), Trent Morrell (29), Dan Simpson (88), Greg Alderman (109), Chris Wilkinson (138), Charlie Grundstrom (139), Kirby Winn (162).
1992	5th	Sandu Rebenciuc (9), Trent Morrell (18), Josh Favus (45), Steve Worden (82), John Sillery (110), Dan Peters (160), Chris Wilkinson (181).
1993	9th	Sandu Rebenciuc (3), Ambo Bati (45), Dave Nellis (89), John Sillery (95), Jerry Parkinson (141), Doug Bickford (144), Nate Roe (153).
1996	10th	Ambo Bati (4), David Nellis (31), Kent Anderson (80), Matt Pedersen (104), Nate Roe (129), Larry Gant (153), Dave Claassen (156).
2007	15th	Dan Leonard (86), Brad Holehan (99), Chris Zook (121), Matt Bowman (130), Andy Kubiak (134), Dan Bailey (215), Brian Hart (247).
2008	21st	Chris Zook (50), Matt Bowman (89), Andy Kubiak (143), Sean Carmody (217), Billy Wisser (219), Billy TenBusch (242), Dan Bailey (262).

COLLEGE CONFERENCE OF ILLINOIS & WISCONSIN TEAM & INDIVIDUAL CHAMPIONS

Year	Individual Champion	Time	Team	Site
1960	Gary McTrusty, Carroll	19:18.9	Carroll	
1961	Larry Barry, Millikin	19:55.4	Millikin (32)	Decatur, Ill. (Scoville)
1962	Doug Nuckols, North Central	18:53.2	North Central (26)	North Central
1963	Ron Trapp, North Central	18:39.3	North Central (28)	Augustana
1964	Ron Trapp, North Central	17:49.2	North Central (48)	Waukesha, Wis. (Merrill Hills)
1965	Jim Barber, North Central	20:45.0	North Central (40)	
1966	Dennis Kramer, Carthage	20:48.0	Carthage (17)	Kenosha, Wis. (Petrifying Springs)
1967	Bob Gray, North Central	20:30.0	Carthage (40)	Carroll
1968	Bob Gray, North Central	20:03.0	North Central (37)	North Central
1969	Dennis Kramer, Carthage	24:44.0	Augustana (44)	Davenport, Iowa (Credit Island)
1970	Mark Pealstrom, Augustana	24:13.3	Augustana (42)	Waukesha, Wis. (Naga-Waukee)
1971	Larry Swanson, North Park	24:44.5	North Central (45)	North Central
1972	Larry Swanson, North Park	25:32.8	North Central (39)	Kenosha, Wis. (Petrifying Springs)
1973	Glen Behnke, North Central	24:24.8	Carthage (35)	Davenport, Iowa (Credit Island)
1974	Scott Barrett, North Central	25:39.5	North Central (26)	Carroll
1975	Bruce Fischer, North Central	25:23.0	North Central (25)	Chicago, Ill. (Montrose Harbor Park)
1976	Dan Henderson, Wheaton	24:59.1	North Central (27)	Glen Ellyn, Ill. (Lewis Law School)
1977	Jeff Milliman, North Central	25:30.0	North Central (18)	Glen Ellyn, Ill. (Lewis Law School)
1978	Dan Henderson, Wheaton	23:36.3	North Central (22)	Davenport, Iowa (Credit Island)
1979	Dan Henderson, Wheaton	23:54.1	North Central (21)	Kenosha, Wis. (Petrifying Springs)
1980	Jeff Milliman, North Central	24:31.0	North Central (31)	Lisle, Ill. (Benedictine University)
1981	Darryl May, North Park	24:51.0	North Central (24)	Chicago, Ill. (Montrose Harbor Park)
1982	Tony Bleull, North Central	24:41.6	North Central (21)	Waukesha, Wis. (Minooka)
1983	Tony Bleull, North Central	24:44.4	North Central (27)	Wheaton, Ill. (Seven Gables)
1984	Shemi Sabag, Augustana	24:52.7	North Central (30)	Davenport, Iowa (Credit Island)
1985	Chris Wilson, Wheaton	25:32.4	North Central (26)	Decatur, Ill. (Scovill)
1986	Gary Peterson, North Central	25:23.12	North Central (17)	Kenosha, Wis. (Petrifying Springs)
1987	Brad Todden, North Central	24:48.8	North Central (15)	Naperville, Ill. (McDowell Grove)
1988	Dave Terronez, Augustana	25:28	North Central (20)	Chicago, Ill. (Montrose Harbor Park)
1989	Dave Terronez, Augustana	25:26	North Central (26)	Waukesha, Wis.
1990	Sandu Rebenciuc, Augustana	25:07.2	North Central (24)	Wheaton, Ill. (Danada Farms)
1991	Sandu Rebenciuc, Augustana	25:01	North Central (28)	Davenport, Iowa (Credit Island)
1992	Derron Bishop, North Central	24:03.10	North Central (22)	Springfield, Ill.
1993	Dan Mayer, North Central	23:50	North Central (16)	Kenosha, Wis. (Lincoln Park)
1994	John Weigel, North Central	24:50	North Central (19)	Elmhurst, Ill. (Eldridge Park)
1995	John Weigel, North Central	24:16.4	North Central (19)	Naperville, Ill. (DuPage River Park)
1996	Ambo Bati, Augustana	25:03	North Central (23)	Chicago, Ill. (Montrose Harbor)
1997	Ryan Board, North Central	25:27	North Central (15)	Rock Island, Ill. (Highland Springs)
1998	Colin Young, North Central	24:34.67	North Central (16)	Decatur, Ill. (Hickory Point Golf Course)
1999	Colin Young, North Central	25:28.46	North Central (15)	Bloomington, IL (Maxwell Park)
2000	Tim McCoskey, North Central	24:35.88	North Central (17)	Kenosha, WI (Indian Trails Academy)
2001	Jeremy Borling, North Central	25:21.5	North Central (23)	Elmhurst, IL (Eldridge Park)
2002	Hamilton Beal, Carthage	25:18.2	North Central (25)	Naperville, IL (DuPage River Park)
2003	Tim Nelson, North Central	25:11.0	North Central (19)	Chicago, IL (Montrose Harbor)
2004	Pat Rizzo, North Central	25:44.0	North Central (15)	Wheaton, IL (DuPage River Park)
2005	Chris Bosworth, North Central	24:38.5	North Central (45)	Davenport, IA (Credit Island)
2006	Nathaniel Hird, North Central	25:22:62	North Central (37)	Decatur, IL (Hickory Point Golf Course)
2007	Brandon Mull, Wheaton	25:02.49	North Central (37)	Normal, IL (Ill. State University Golf Course)
2008	Brandon Mull, Wheaton	24:47.0	North Central (20)	Kenosha, WI (UW-Parkside)
2009	Sean Carlson, North Central	26:33.8	North Central (15)	Elmhurst, IL (Eldridge Park)

ALL TIME AUGUSTANA AWARD WINNERS

VIKING MVP'S (1960-2009)

2009	Chris Zook
2008	Andy Kubiak, Chris Zook, Matt Bowman
2007	Dan Leonard
2006	Tim Frey
2005	Adam Houghton
2004	Nick Johnson
2003	Randy Bill
2002	Randy Bill
2001	Rudy Kovachevich
2000	Rudy Kovachevich
1999	Brad Slupianek
1998	David Martinez
1997	Kent Anderson
1996	Ambo Bati
1995	Ambo Bati/Dave Nellis
1994	Ambo Bati
1993	Ambo Bati
1992	Sandu Rebenciu
1991	Sandu Rebenciu
1990	Sandu Rebenciu
1989	Dave Terronez
1988	Dave Terronez
1987	Dave Terronez
1986	Tony VanDeWalle
1985	Tony VanDeWalle
1984	Shemi Sabag
1983	Shemi Sabag
1982	Mahlon Erickson
1981	Steve Gramsch
1980	Tony Hurd
1979	Rob Jensen & Tony Hurd
1978	John Isbell & Rob Jensen
1977	John Hammermeister
1976	Dan Copper
1975	Brian Brown
1974	Dan Copper & Fred Whiteside
1973	John O'Connor
1972	Wayne Wille & John O'Connor
1971	John O'Connor
1970	Bob P. Wilson
1969	Bob P. Wilson
1968	Bob P. Wilson
1967	Greg Aubinger
1966	Gale Miller
1965	Gale Miller
1964	John Coolidge
1963	Del Gustafson
1962	Del Gustafson
1961	
1960	Leland Lindquist

CAPTAINS (1960-2009)

2009	Matt Bowman, Sean Carmody, Brad Keating
2008	Brian Hart, Dan Bailey, Chris Zook
2007	Brad Holehan, Dan Leonard, & Josh Sharko
2006	Jeff Bailey, Tim Frey, Tony Clavio
2005	Jake Shaver, Dustin Marquis & Adam Houghton
2004	Nick Johnson & Mike Fusco
2003	Randy Bill, Ryan Chapman & Chris Coon
2002	Will Dwyer, Jeff Paul, Steve Wahl
2001	Rudy Kovachevich, Criag Lawrence
2000	Brad Slupianek, Brian Jackson
1999	Larry Gant, David Quale, David Martinez
1998	Kent Anderson, Mark Anderson
1997	Joe Erb, Jeff Adams, Matt Pedersen
1996	Ambo Bati, Nate Roe
1995	Eric Budde, David Claassen, Nate Roe
1994	Eric Belby, Doug Bickford

1993	Sandu Rebenciu, Kirby Winn
1992	Josh Favus, Trent Morrell, Dan Peters, Steve Worden
1991	Josh Favus, Trent Morrell, Dan Simpson
1990	Randy Benesh, Josh Favus, Kevin Severson, Dan Simpson
1989	Dave Terronez, Jeff Kollmeyer
1988	Jeff Hartman, Wilke Stadeker, Sergio Villareal, Dave Terronez
1987	Jeff Hartman, Dave Terronez
1986	Tony VanDeWalle, John Pommier
1985	Tom Krieger
1984	Eric Volkert, Shemi Sabag
1983	Tom Lawrence
1982	Steve Pugsley
1981	Brian Elam
1980	Tony Hurd
1979	Rob Jensen, John Isbell
1978	Duane Peterson
1977	John Hammermeister, Steve Sandino
1976	Tim Garrity
1975	Brian Brown
1974	John Maxon, Dennis Dempsey
1973	John O'Connor, Fred Whiteside
1972	Wayne Wille, Paul Pearson, Craig Stitt
1971	Bob D. Wilson
1970	Mark Pealstrom, Bob P. Wilson
1969	Marty Creager
1968	Marty Creager
1967	Gale Miller
1966	Gale Miller
1965	John Coolidge
1964	John Coolidge
1963	Del Gustafson
1962	Del Gustafson

MOST IMPROVED (1969-2009)

2009	Lucas Westblade
2008	Sean Carmody, Ryan Miller
2007	Sean Carmody, Henry Lapka, Greg Weigand, Matt Bowman
2006	Kenny Slocum
2005	Alex Geocaris, Brad Holehan
2004	Andy Mead, Tim Frey
2003	Mike Fusco
2002	Dan Erb
2001	Dan Finn, Jeff Paul
2000	Matt Delagrange
1999	John Knudson
1998	Josh Jones
1997	Jim McDannald
1996	Kent Anderson
1995	Matt Pedersen, Jeff Adams
1994	Eric Sarno
1993	Nate Roe, Jay Brinkman
1992	Jeff Freed, Chris Wilkinson, Jerry Parkinson, Doug Bickford
1991	John Sillery
1990	Steve Worden
1989	Darren Kerscheiter
1988	D. Kerscheiter, Greg Alderman
1987	Jeff Hartman
1986	Randy Benesh
1985	John Pommier
1984	John Pommier
1983	Marshall Parks, Tim Heinze, Doug Roegner
1982	Dave Jefferson
1981	Bob Anderson
1980	Brad Fryer
1979	Tony Hurd
1978	Rich Moore
1977	Duane Peterson
1976	Jeff McCoy
1975	Don Molenda
1974	Brian Brown
1973	Dennis Dempsey
1972	Carl Crawford
1971	Paul Pearson

1970	Wayne Wille
1969	Rich Mason
1968	Arnie Mason
1967	Tim Stumm
1966	Mark Schaefer

MOST VALUABLE FRESHMEN (1973-2009)

2009	Jonathan Smith
2008	Mike Tisza
2007	Matt Bowman
2006	Dan Bailey, Chris Zook
2005	Andy Kubiak
2004	Dan Leonard
2003	Jeff Bailey
2002	Adam Houghton
2001	Ammon Paquette
2000	Randy Bill
1999	Steve Wahls
1998	Creston Fenn, K.C. Randall
1997	Brad Slupianek
1996	Larry Gant
1995	Aaron Borling
1994	Tony Nooner, Rogelio Amezola
1993	Dave Nellis
1992	Nate Harrison
1991	Erik Nicoson
1990	Trent Morrell, Carlos Rivera
1989	Dan Peters
1988	Josh Favus
1987	Paul Stroschein
1986	Dave Terronez
1985	Mike Novak
1984	Lincoln Smith, Jim Sundeen
1983	Tony VanDeWalle
1982	Tim Carlson
1981	Eric Volkert
1980	Tony Strom, Karl Huff
1979	Steve Pugsley
1978	Brian Elam
1977	None
1976	Tony Hurd
1975	Pat Fortney
1974	John Hammermeister
1973	Dan Copper

LINCOLN SMITH INSPIRATIONAL (1986-2009)

2009	Dan Bailey, Brain Hart, Jeff Miller, Chris Zook
2008	Kenny Slocum
2007	Brad Holehan
2006	Tim Frey & Dan Leonard
2005	Nick Stirrett
2004	Nick Johnson & Jeff Bailey
2003	Ryan Chapman & Dan Erb
2002	Will Dwyer, Jeff Paul, Drew Vaughn
2001	Craig Lawrence
2000	Chris Sweet
1999	Dave Quale
1998	Kent Anderson, Mark Anderson
1997	Dave Claassen
1996	David Nellis
1995	David Nellis & Nate Roe
1994	Eric Sarno
1993	Kirby Winn
1992	Trent Morrell
1991	Trent Morrell
1990	Trent Morrell
1989	Dave Terronez
1988	Dave Terronez
1987	Dave Terronez
1986	John Pommier

NCAA DIVISION III NATIONAL CHAMPIONS

1988	Dave Terronez
1989	Dave Terronez
1991	Sandu Rebenciu

OLYMPIC PERFORMERS

1984	Shemi Sabag (Participated in the marathon representing Israel at the XXIII Olympic Games in Los Angeles.)
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The College Conference of Illinois and Wisconsin

Now in its 65th year, the College Conference of Illinois & Wisconsin (CCIW) enjoys a reputation as the "Best Small-College Conference in the Nation." The league was formed with nine charter members (Augustana, Carthage, Elmhurst, Illinois College, Illinois Wesleyan, Lake Forest, Millikin, North Central, and Wheaton) on April 26, 1946 in Jacksonville, Illinois. Competition opened in the 1946-47 academic year as the College Conference of Illinois.

Carthage left the conference in 1952 but returned in 1961. In 1967 the name was changed to the College Conference of Illinois & Wisconsin to recognize Carthage, which had moved to Kenosha, Wisconsin from Carthage, Illinois in 1962, and Carroll, which entered the league in 1955.

As is often the case with athletic conferences, CCIW membership has experienced some changes since the league's inception. After Carthage left in 1952, Illinois College withdrew the following year. Elmhurst and Wheaton left following the 1959-60 academic year. Wheaton rejoined for all sports but football in 1967 and then for football in 1970. Elmhurst rejoined in the fall of 1967 for all sports but football and for football in the 1968 season. Carroll joined officially with the 1955 spring sports seasons. Carthage returned in 1961 and North Park entered the following fall. Lake Forest dropped out at the end of the 1962-63 year. The last change in CCIW membership came following the 1991-92 season when Carroll withdrew.

Now eight members strong, the CCIW continues its tradition of athletic and academic excellence. The league sanctioned women's sports for the first time in the 1986-87 school year and Augustana participated in the first ever women's competition. That was on September 14, 1986 when the Vikings met North Central in a volleyball match that was held at Elmhurst College.

The College Conference of Illinois & Wisconsin sanctions 21 sports: baseball, men's and women's basketball, men's and women's cross country, football, men's and women's golf, men's and women's soccer, softball, men's and women's swimming, men's and women's tennis, men's and women's indoor track & field, men's and women's outdoor track & field, volleyball and wrestling.

Augustana will welcome its 11th women's varsity sport, lacrosse, for the 2010-11 season. Augustana will also be welcoming men's lacrosse as its 12th men's varsity sport for the 2011-12 season. Neither women's nor men's lacrosse is currently a CCIW sport.

Augustana owns more CCIW team championships than any other school in the league with 174 total. Of those 174, the men have won 136 and 38 belong to the women.

Augustana owns two CCIW titles (1969 & 1970) and has 27 second

15 - AUGUSTANA VIKINGS

place finishes in mens cross country. The sport was first sponsored in the CCIW in the fall of 1960.

AUGUSTANA'S ALL-TIME TEAM CCIW CHAMPIONS

MEN (136)

BASEBALL: 1952-65-68-74 (Division Champs in 1989-96)

BASKETBALL: 1963-71-72-73-74-81-82-93-03-06-07-08

CROSS COUNTRY: 1969-70

FOOTBALL: 1949-66-68-75-81-82-83-84-85-86-87-88-90-91-93-94-97-99-01-05-06

GOLF: 1955-64-65-66-69-72-73-75-76-78-79-80-81-82-97-99

SOCCER: 2002

SWIMMING & DIVING: 1947-48-49-67-69-70-71-82

TENNIS: 1947-48-55-56-60-65-66-67-68-70-72-74-75-77-78-81-82-83-84-85

TRACK & FIELD:

1964-65-67-68-69-70-72-73-74-80-81-82-83-84-08-10

WRESTLING: 1963-64-65-66-67-68-69-70-71-72-74-75-79-80-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-98-99-00-01-02-03-04

WOMEN (38)

BASKETBALL: 1987-89-90-91-93

CROSS COUNTRY: 1990-91-94-96-97-98

SOCCER: 2009

SOFTBALL: 2004-06

SWIMMING & DIVING: 1988-89-90-93-95-97

TENNIS: 1993-94-96-97

TRACK & FIELD: 1988-91-93-94-95-96-97-98-99-00-01-08

VOLLEYBALL: 1996-01





Augustana Vikings 2010 Men's Cross Country Schedule

DATE	MEET	SITE	TIME
September 1	Augustana Early Opener	HOME (Credit Island)	5 p.m.
September 3	W.I.U. Invite	Macomb, Illinois	5 p.m.
September 17	Illinois Intercollegiate	Normal, Illinois	5 p.m.
September 24	Brissman/Lundeen Invitational	HOME (Credit Island)	5 p.m.
October 9	Wartburg Invite	Waverly, Iowa	11:30 a.m.
October 16	UW-Oshkosh Invite	Oshkosh, Wisconsin	10:30 a.m.
October 30	CCIW Championships	HOME (Credit Island)	1 p.m.
November 5	J.V. Cup	Decorah, Iowa	3 p.m.
November 13	NCAA Division III Midwest Regional	HOME (Credit Island)	11a.m.
November 20	NCAA Division III National Meet	Waverly, Iowa	11a.m.

COLLEGE CONFERENCE OF ILLINOIS & WISCONSIN CHAMPIONS: 1969 & 1970

NCAA DIVISION III NATIONAL RUNNER-UP: 1980

NCAA NATIONAL APPEARANCES: 1967 - 1969 - 1970 - 1971 - 1972 - 1973 - 1974 - 1975 - 1976 - 1977 - 1979 - 1980 - 1981 - 1984 - 1986 - 1988 - 1989 - 1990 - 1991 - 1992 - 1993 - 1996 - 2007 - 2008

NCAA TOP TEN NATIONAL PLACE FINISHES: 1971 - 9th; 1972 - 10th; 1973 - 6th; 1974 - 5th; 1979 - 4th; 1980 - 2nd; 1984 - 9th; 1992 - 5th; 1993 - 8th; 1996 - 10th